



# Transform Your Home With This Room-by-Room Deep Cleaning Guide

Swipe for a fresh start to make your  
living space shine ✨



# The One-Room Method

Deep cleaning your entire home can feel overwhelming. Breaking it down by tackling one room at a time helps you:

- 1 Stay focused on completing each space**
- 2 See visible progress quickly**
- 3 Avoid burnout from trying to do everything at once**



# Kitchen Transformation

1

## Cabinet & Surface Revival

Wipe down all cabinets, countertops, and appliance exteriors with appropriate cleaners

2

## Refrigerator Refresh

Empty, clean shelves, and discard expired items from your fridge and freezer

3

## Pantry Organization

Declutter, check expiration dates, and group similar items together



## Living Room Revival



### Dust All Surfaces

From ceiling fans to baseboards, remove dust from every surface



### Refresh Upholstery

Vacuum furniture and wash blankets and cushion covers



### Clean Electronics

Wipe down TV, remotes, and other devices with appropriate cleaners



## Bedroom Sanctuary

### Bedding Refresh

Wash all sheets, pillowcases, mattress covers, and duvet covers for a truly fresh sleeping experience

### Surface Cleaning

Dust all surfaces including nightstands, dressers, ceiling fans, and often-forgotten baseboards

### Closet Organization

Sort through clothes, shoes, and accessories; donate items you no longer use

# Bathroom Brilliance

1

## Scrub & Sanitize

Deep clean shower, tub, toilet, and sink with disinfecting cleaners to eliminate germs and soap scum

2

## Mirror & Glass

Clean mirrors and glass surfaces with streak-free cleaner for a sparkling finish

3

## Textile Refresh

Wash or replace shower curtains, bathmats, and towels that harbor mildew and bacteria

4

## Product Purge

Discard expired toiletries, medications, and makeup; organize what remains



# Entryway & Hallway Refresh

## 1 High-Touch Surface Cleaning

Disinfect doorknobs, light switches, and handrails that collect germs daily

## 2 Floor Deep Clean

Sweep, vacuum, and mop floors, paying special attention to corners and baseboards

## 3 Entrance Organization

Sort through shoes, bags, and outerwear; create a system for daily items

# Your Home Deserves This Fresh Start!

Remember that a truly clean home isn't just about appearances—it improves your health, reduces stress, and creates a more peaceful living environment.

Start with just one room this weekend and experience the satisfaction of a properly deep-cleaned space.

**Tag someone who needs cleaning motivation and save this guide for your next deep cleaning day! 🧼 ✨**